

The Car Seat Lady

The Car Seat Lady provides accurate, up-to-date information from NHTSA-Certified Child Passenger Safety technicians and instructors about how to keep your most precious cargo safe. We also offer experienced, private car seat installation lessons in the New York City and Baltimore areas.

LATEST NEWS

The Insurance Institute for Highway Safety has released new booster seat recommendations in their Best Bet list for 2011. The IIHS tested 62 booster seats, evaluating how well the booster and seat belt fit a crash test dummy representing an average sized 6 year old child.

We've created a short presentation helping to explain the IIHS's recommendations. We also provide The Car Seat Lady's Best Picks for Boosters for travel, carpool, tall kids, long legs, wide torsos, harness-to-booster and under \$50. See our Booster section for even more info.

OLD NEWS

In March 2011, the American Academy of Pediatrics and NHTSA published new car seat recommendations. In short, the new recommendations state that children should remain rear-facing until at least age 2, but preferably until they are too tall or too heavy for their convertible car seat's height or weight limit. Kids should then remain in a forward-facing 5-point harness car seat until they exceed its height or weight limit. Then kids should remain in a booster until they can pass the 5-Step test. The bottom line: Don't rush to "graduate" your child to the next type of car seat (unless he is too heavy or too tall for his current seat), as this is a demotion in safety.

Watch our video discussing the changes

As Seen In:*

*Please note that linked articles may contain outdated information as research and studies have changed our recommendations over the past fifteen years.